

# D BEAUTY

DALLAS/FORT WORTH

## THE 10 MOST BEAUTIFUL WOMEN IN DALLAS

WINNER WENDY CRUZ

### HOT LEGS!

THE SEXIEST NEW WORKOUT IN DALLAS (p. 14)

perk up your butt WITH YOUR OWN FAT! (p. 13)

DALLAS SHOPS! THE BEST NEW BOUTIQUES

extreme MAKEOVER ONE DALLAS TRAINER'S INSPIRING JOURNEY



### inbloom

Umi Brochstein is a floral designer first and foremost, but her newly opened boutique in the Bishop Arts District has much more than flowers. **Installation Floral** also offers jewelry and purses made by local artists, imported teas, and an intriguing selection of home decor items. Example: the bright blue picture frame that now adds a splash of color to an otherwise ho-hum living room. 408 W. Davis St. 214-484-1325. [installationfloral.com](http://installationfloral.com).



### RING MASTERS

No need for the tattoo needle to wear your loved ones' names proudly on your body. Skip the ink and check out Nelle & Lizzy. Created by Fort Worth moms Page Doby and Martha Gensheimer, these sophisticated, personalized sterling silver rings let you keep your favorite people close at hand 24/7. Choose just one band or up to three intertwined bands to stamp with names or special memories. Bracelets and necklaces are also available. Rings priced \$48 to \$98. 817-926-6336. [nelleandlizzy.com](http://nelleandlizzy.com).

### ON THE ROCKS

Jewelry from LOLA is "just pretty," says founder Stacey Vance. LOLA, which stands for Lots of Little Accessories, is a collection of rings, bracelets, earrings, and necklaces that are distinguished by their brightly colored stones. The gems, including dazzlers such as sapphires and tourmalines, are handpicked and designed to add sparkle to your wardrobe every day, not just on special occasions. Buy online or view by appointment. 214-459-2829. [lolajewelry.com](http://lolajewelry.com).



Update your 'do at this modern, state-of-the-art Fort Worth salon.

### MAN HEAVEN

At **Polished** nail salon, cleanliness is next to godliness. For \$25 a year, Polished lets you store your own pedicure tools on-site, and polishes are your property, not the salon's, meaning those dainty brushes touch your nails alone. Technicians also use pipeless bowls to prevent your footsie's exposure to recirculated water, and all instruments are autoclaved, which is the same sterilization process used by doctors and dentists. 2208 Dallas Pkwy., Ste. 325A, Plano. 972-378-9149. [polished.com](http://polished.com).



### angel hair

At **HaloSalon and Color Lab**, they do things a little differently—in a good way. Owner Jennifer Rabideau and her small staff are dedicated to continuing education, creating a soothing environment, and providing high-quality cuts, color, and state-of-the-art treatments. They also offer apprentice rates for a trim or color with a licensed hair professional still in training. 6333 Camp Bowie Blvd., Ste. 252, Fort Worth. 817-737-4256. [halocolorlab.com](http://halocolorlab.com).



### BOTTOMS UP

Does your booty need a boost? If so, then **Innovations MedSpa's** Brazilian Lift could be the answer. The lift provides clients with a "fuller, rounder behind" by removing fat from one area (read: thighs) and transferring it to the rear. Chief of staff Bill Johnson, M.D., says the treatment takes two hours, leaves less scarring than other procedures, and has a higher rate of permanent success. Consultations are free. 12660 Coit Rd., Ste. 100. 972-331-8844. [innovationsmedspa.com](http://innovationsmedspa.com).